

LGBTQ+ Support — De La Salle School, St Helens

We are committed to ensuring every student at De La Salle feels safe, respected and supported — including those who are lesbian, gay, bisexual, trans, non-binary, queer or questioning.

Named Contact & Confidential Support

If you would like to speak with a member of staff who understands LGBTQ+ issues and can offer confidential support or signposting, please contact:

lgbtqsupport@delasalleschool.org.uk or Mrs. De'Ath (our DSL) deatha@delasalleschool.org.uk , Ms. Brunt bruntj@delasalleschool.org.uk (our Student Support Services Manager) or any adult you trust and feel comfortable with in school.

Designated LGBTQ+ Lead: Mrs. De'Ath

Role: Designated Safeguarding Lead/ Assistant Headteacher

Email: lgbtqt@delasalle.st-helens.sch.uk

Phone: 0174420511 (ask for year team)

Conversations will be handled with care and respect. Where there are safeguarding concerns, we will follow our safeguarding policy.

Peer Support: LGBTQ+ Allies & Friends

We run a weekly lunchtime peer group for students who identify as LGBTQ+ and allies. The group provides a safe space for students to meet, share experiences, and plan awareness activities. Thursday 1719 Room.

How to Report Bullying or Discrimination

We take any incidents of bullying, harassment or discrimination very seriously. You can report concerns by speaking to a trusted teacher, using the online service, Sharp, speaking to a pastoral leader Mrs. De'Ath or any adult you trust in person. You can also email using safeguarding@delasalleschool.org.uk

Wellbeing & Mental Health Support

If you're feeling anxious, low or overwhelmed (including pressures related to identity, relationships or coming out), we provide wellbeing support and can make referrals when needed:

- School mentor referrals
- One-to-one wellbeing check-ins
- Signposting to external services

External Specialist Services & Resources

We recommend the following trusted organisations for additional, specialist support:

- Over the Rainbow — St Helens (local youth support):
<https://www.sthelensgateway.info/organisations/over-the-rainbow/>
- LGBT Foundation: <https://lgbt.foundation/>
- Stonewall UK: <https://www.stonewall.org.uk/>
- Mermaids UK: <https://mermaidsuk.org.uk/>
- Samaritans: <https://www.samaritans.org/>
- St Helens Borough Council (Gender Identity):
<https://www.sthelens.gov.uk/article/4219/Gender-identity>

Policies & Education

Our school policies make clear our commitment to equality and inclusion:

- Equality & Inclusion page: <https://www.delasalle.st-helens.sch.uk/school-life/equality/>
- Mental Health & Wellbeing page: <https://www.delasalle.st-helens.sch.uk/students/mental-health-and-wellbeing/>
- Anti-Bullying Policy (section on sexual orientation and gender identity)

Resources for Parents & Carers

Families can contact our pastoral team for guidance, signposting or to request meetings with the school's welfare lead.

FAQ — Short Answers

- Will staff keep my identity confidential?

Staff will treat conversations sensitively. If there are safeguarding concerns or legal obligations, staff will explain what may need to be shared and why.

- Can I use the toilet/changing facilities that match my gender?

We make reasonable adjustments to ensure all students feel safe. Contact the pastoral team to discuss any arrangements you need.

- How can I join the peer group?

Email lgbtqsupport@delasalleschool.org.uk or speak to a pastoral leader.